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[www.nedsra.org](http://www.nedsra.org)

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## FOR IMMEDIATE RELEASE

### **The Early Bird Could Win a \$50 Gift Certificate!** **NEDSRA Winter Program Registration Begins**

**Addison, Illinois. November 25, 2008** — NEDSRA winter program registration is officially open. The winter brochure hasn't even been printed, but adults with disabilities and parents with disabled children can download or view the new program brochure online at [www.nedsra.org](http://www.nedsra.org). Winter programs begin January 17<sup>th</sup>.

NEDSRA offers a variety of recreation and leisure options for people with mental and/or physical disabilities, ranging from weekly programs to special events, social clubs, or even overnight trips. The agency offers more than 750 programs annually and serves more than 4,000 throughout the greater northeast DuPage and western Cook counties.

**New:** an **Early Bird Drawing** through which one lucky participant will win a \$50 NEDSRA gift certificate. Each paid program registration received by January 2<sup>nd</sup>, will automatically be entered into the drawing. The winner will be notified during the week of January 5<sup>th</sup>.

Many popular programs are returning, including the **Weekend Warriors Social Club** for youth, ages 8 – 21, with a physical disability. Participants get to try new activities or visit new places for very affordable prices ranging from \$8 to \$45 for residents. Non-residents are also welcome. Adults with a mental disability will be pleased to learn that the weekly **Day Trippers Social Club** is back, offering new opportunities to expand horizons in areas such as budgeting, healthy living and teamwork.

#### **New programs include:**

- **Hip Hop Class** for youth, ages 8-21, with a mental disability or autism.
- **Splashercise** for kids, ages 5-18, with a physical disability.
- **Figure Ice Skating Clinic**, for youth and adults, ages 8 & older, with a mental disability.

In addition, the agency is hosting several FREE events, including: the **Junior Bulls Wheelchair Basketball Tournament** on February 7, **Family Winter Play Day** on February 22 and the agency's own theatre production, *Dreams* on March 5<sup>th</sup>. Registration for free events is required and may fill up fast. Early registration is highly recommended.

## **INFORMATION ABOUT NEDSRA**

NEDSRA is a 501(c)(3) not-for-profit organization serving children and adults with disabilities in partnership with Addison Park District, Bensenville Park District, Butterfield Park District, Village of Glendale Heights, Itasca Park District, Lombard Park District, Medinah Park District, Oakbrook Terrace Park District, Village of Schiller Park, Village of Villa Park, and Wood Dale Park District. Classes are offered throughout the districts, some include transportation. For more information about NEDSRA programs for people with disabilities, visit our website at [www.nedsra.org](http://www.nedsra.org) or call 630-620-4500.

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